

# Special easter trip. Responsible, sustainable tourism in Guinea Bissau. Orango National Park

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Responsible  
travellers  
only



**Duration:** 8 days / 7 nights



**Type of holiday:** Anthropology, culture, ecotourism and nature



**Accommodation:** Orango Parque Hotel, Dunia/Royal/Ceiba hotel in Bissau



**Meals:** Full board



**Means of transportation :** Boat and minibus/car



**Local accompanist:** Spanish and portuguese

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This Easter we're offering you the opportunity to discover Guinea Bissau, a small West African country with vast natural and cultural riches.

A commitment to Responsible and Sustainable Tourism that will bring us closer to the Bijagó culture, a community that lives in the Bijagó Archipelago and still maintains many of its ancient traditions. It's a community that's characterised by a belief in animism, creating a strong bond with nature. We'll also have the chance to learn about the activities carried out by the NGO Artissal with the local community in the Biombo region.

This trip concludes with a walk through mangrove forests, birdwatching, flying fish and boat trips around small islands that will bring us to Orango National Park, where we'll have the chance to relax and try the local cuisine at the Orango Parque Hotel.

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**NOTE:** The itinerary and visits are subject to modification by the company depending on the weather, tides and route conditions.

**Departure date:** 1 / 04 / 2023



# Itinerary

**Day 01/04/2023:** Depart from city of origin. Arrive in Bissau. Airport pick-up and transfer to the hotel in Bissau. Lunch in a restaurant in Bissau. Free afternoon to visit the city. Overnight in Bissau.

**Day 02/04/2023:** Boat to Orango National Park, passing by small islands and sandbanks (4 hours). Lunch at the Orango Parque Hotel. In the afternoon, meeting with the Eticoga medicine man who'll explain the different uses of the plants growing in this National Park, which are used in traditional medicine. Overnight at the Orango Parque Hotel.

**Day 03/04/2023:** Depending on the tide, we'll meet the Bijagó women during their daily shell fishing and will even take part in it. We'll also see the men fishing with their traditional nets. In the afternoon, artisan elaboration of a sarakoulé batik, with the women of the village of Eticoga. They will be our teachers, we will mix dyes and produce our own designs. We can take everything we produce. Overnight at the Orango Parque Hotel.

**Day 04/04/2023:** A visit to one of the most spectacular places on the island of Orango Grand: the Anor region. From the beach of the Orango Parque Hotel we'll walk along the river surrounded by mangroves. During the boat trip we'll be able to observe flamingos, African spoonbills, pelicans and thousands of European waders that winter in Africa. We'll cross the mangrove and enter the herbaceous savanna with tall grasses and scattered trees. On the way we'll visit the most significant tabankas and lagoons in the area, where we can observe birds and other representative animals of this National Park. Overnight at the Orango Parque Hotel.

**Day 05/04/2023:** A visit to Canogo Island to get a first-hand look at the Bijagó culture. In the afternoon visit the Eticoga tabanka (village), the mausoleum of the last Queen of the Bijagó, Okinka-Pampa, and the development cooperation projects we have run there. Overnight at the Orango Parque Hotel.

**Day 06/04/2023:** A visit to the tabanka (village) of Ambuduco, the oldest in the National Park. We'll walk along the river course and finally wade across it, seeing mangroves and forests. The tabanka is a key place representative of the Bijagó culture. Farewell dinner. Overnight at the Orango Parque Hotel.

**Day 07/04/2023:** Boat to Quinhamel (4 hours). Visit to Biombo region, where we'll start the "Balobas Tour" and meet the Papel ethnic group and their balobas (sacred sites), as well as their sacred places. We'll visit the looms and activities performed by the Guinean NGO Artissal with the local community. Overnight in Bissau.

**Day 08/04/2023:** Transfer to airport. Flight departure back to city of origin.

## Price per person (group from 6 to 28 people)

Base price (9 -28 pax) :	1.560€
Group suppl. 6-8 (both inclusive):	50€
Single room supplement :	260€
Supplement <b>premium bungalow</b> Orango Parque Hotel:	175€

## Included

Transfers to and from Bissau airport  
Internal transfer by land and sea  
Full board accommodation (without beverages)  
National Park fees and tours included in the itinerary  
Contribution to a solidarity project with the local community.

## Not included

International flights  
Airline taxes  
Visas  
Beverages  
Tips  
Any other point not contained in the "Included" section

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