

NATURE AT ITS BEST. PRIMARY FORESTS AND THE ORANGO NATIONAL PARK.

HOLIDAY FEATURES



- ★ **Duration:** 15 days / 14 nights.
- ★ **Type of journey:** Nature, Ecotourism, Ethnicities, Culture and Beach.
- ★ **Accommodation:** Orango Parque Hotel, Hotel Azalai/Ledger in Bissau, Bungalows in Iemberen (Cantanhez), Hotel in Buba, Hotel Mar Azul/ 7Djorson in Quinhamel, and campament in Poilao.
- ★ **Accommodation plan:** Full board.
- ★ **Means of transportation:** Boat, 4x4 and minibus/car.
- ★ **Local tour Guide:** Spanish, English and Portuguese.

This trip will allow us to become immersed in incredible landscapes as well as experience nature in its most untamed state. We will walk through the virgin forests of **Cantanhez National Park** where we will have the opportunity to see chimpanzees and other primates in their natural habitat. It is a **unique** sight for those who love nature at its purest.

We will continue along our route with a visit to the **Cufada Lagoons Natural Park** - the country's largest body of freshwater - to observe different species of aquatic birds. At **Orango National Park** we will be able to see the only saltwater hippo population living in marine-costal waters. Additionally, at **Joao Vieira-Poilao Marine National Park** we will have the opportunity to see the green sea turtle. These are the main spawning grounds for the green sea turtle at the Guinea Bissau beaches, and the third most important in all of the Atlantic Ocean. At high tide, hundreds of turtles make their way up to the deserted, white-sand beach to dig a nest with their back flippers and lay the eggs. At nighttime we will be able to marvel at this sight while guided by park rangers.

Additionally, those that take part in this trip will be able to take part in conservation activities that form part of the projects being carried out by the CBD-Hábitat Foundation, one of the main partners of the **Associação Guiné Bissau**, in the **Orango National Park**.

DEPARTURES DATE:

- 1st December 2018
- 19th January 2019



ITINERARY:

Day 1: Depart from city of origin. Arrive in Bissau. Airport pick-up and transfer to the hotel in Bissau.

Day 2: In the morning, transport to the Cantanhez National Park forests in a 4x4 (5 hours). Lunch and a visit to the Saltinho Rapids. A visit to the Guiledje Museum. Overnight at the bungalows in Iemberem.

Day 3: A visit to the Cantanhez Forests. Possibility of observing chimpanzees and other primates. Lunch in Iemberem. A walk through the Launtchamdé Forest. A walk through the virgin forest. Overnight at the bungalows in Iemberem.

Day 4: A walk through the Canamine Forest. Observation of primates and giant Ceiba trees. Lunch in Iemberem. Transfer to the Biombo Region in a 4x4 (2-hour trip). Overnight at a hotel in Buba.

Day 5: Departure to Cufada Lagoons Natural Park: wetlands of international importance protected by the Ramsar Convention. We will observe large concentrations of aquatic birds, we will visit the lagoon overlook, and we will canoe through the lagoon. Picnic lunch. Overnight at hotel in Buba.

Day 6: A walk by the Great Buba River and bird-watching. Transfer to the Biombo Region in a 4x4 (3-hour trip). Overnight at hotel in Quinhamel.

Day 7: Boat transport to Orango National Park, passing by small islands and sandbanks (4 hours by boat). Lunch at Orango Parque Hotel. A visit to the *tabanka* (village) of Eticoga and the tomb of Queen Okimka-Pampa. A visit to the conservation projects being carried out by the Fundación CBD-Habitat. Overnight at Orango Parque Hotel.

Day 8: A visit to one of the most spectacular places on Orango Grande Island: the Anor Region. Possibility of observing saltwater hippos in their natural habitat, crocodiles, birds, and other interesting fauna. A walk through mangrove forests and savannahs (3-hour route). Overnight at Orango Parque Hotel.

Day 9: Transfer to Joao Vieira-Poilao Marine National Park for green turtle observation at the sacred islet of Poilao, replete with Baobab and Ceiba trees. Beach picnic on Joao Vieira Island. Overnight at a campsite in Poilao.

Day 10: Return to Poilao. Lunch at Orango Parque Hotel. Free afternoon. Overnight at Orango Parque Hotel.

Day 11: Kayak excursion through mangrove forests and bird-watching. Picnic on the beach. Overnight at Orango Parque Hotel.

Day 12: A trek to the *tabanka* (village) of Ambuduco, the oldest in the National Park. We will walk along the river bed and will eventually wade across it. Mangroves and forests. The *tabanka* (village) is a key spot which is representative of the Bijagó culture (5-hour trail along a circular route). Overnight at Orango Parque Hotel.

Day 13: Full-day visit to Canogo Island to get a first-hand look at the Bijagó culture. Picnic lunch. Overnight at Orango Parque Hotel.

Day 14: In the morning and depending on the tides, we will accompany the Bijagó women on their traditional shell-fishing activities. Lunch at Orango Parque Hotel. In the afternoon we will search for and identify tracks and traces of local fauna. We will also visit an artisan woodworking workshop. Overnight at Orango Parque Hotel.

Day 15: Boat transfer to Quinhamel followed by ground transfer to Bissau. Transfer to airport. Flight departure back to city of origin.

PRICES PER PERSON	
MIN/MAX GROUP: 6/20 PASSENGERS	
Base Price	2.330€
Single Supplement	360€
Group Supplement 6-8 (both inclusive)	100€

INCLUDED:

- Transfers to and from Bissau airport
- Interior land and sea transport
- Full board accommodation
- Entrance tickets to the National Parks and tours included in the route

NOT INCLUDED:

- International flights
- Airline fees
- Visas
- Beverages
- Tips
- Any other point not included in the "included" section

NOTE: The itinerary and visits are subject to be changed by the company depending on the weather, the tides, and route conditions.